Rules for Being Human

1. **YOU WILL RECEIVE A BODY.**
   You may like or hate it, but it will be yours for the entire period of this time around.

2. **YOU WILL LEARN LESSONS.**
   You are enrolled in a full-time informal school called “life.” Each day in this school, you will have the opportunity to learn lessons. You may like them or think they’re irrelevant and stupid.

3. **THERE ARE NO MISTAKES, ONLY LESSONS.**
   Growth is a process of trial and error, of experimentation. The “failed” experiments are as much a part of the process.

4. **A LESSON IS REPEATED UNTIL LEARNED.**
   A lesson will be presented to you in various forms until you have learned it. When you have done so, you can move on to the next lesson.

5. **LEARNING LESSONS DOES NOT END.**
   There is no part of life that does not contain its lessons. If you are alive, there are lessons to be learned.

6. **“THERE” IS NO BETTER THAN “HERE.”**
   When your “there” has become a “here,” you will simply obtain another “there” that will, again, look better than “here.”

7. **OTHERS ARE SIMPLY MIRRORS OF YOU.**
   You cannot love or hate something about another person unless it reflects to you something you love or hate about yourself.

8. **WHAT YOU MAKE OF YOUR LIFE IS UP TO YOU.**
   You have all the tools and resources you need. What you do with them is up to you. The choice is yours!

9. **YOUR ANSWERS ARE WITHIN YOU.**
   The answers to life’s questions are to be found within. All you need to do is look, listen, and trust your “inner voice.”

10. **YOU WILL FORGET ALL OF THIS.**
    You will forget these rules, and other important insights, and need to be reminded from time to time. But don’t worry; the universe has all the time you need.